



Langenberg-Marathon

Bruchhausen / 05.10.2013

Detailed evaluation

Foerster, Juergen

Club: Isri

Number: 2247

Course: 70.00 km

Mitteldistanz

Category:

Senioren II

Total time: 4:23:23

Speed: 15.95 km/h

Running performance: 3:46 min/km

Rank in course/Total: 60 (of 144)

Rank in course/Men: 58 (of 135)

Best time in course: 3:05:22

Rank in category: 31(of 66)

Best time in the category: 3:05:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	35.00	2:02:29	3:29	25	31:28	49	31:28	35.00	2:02:29	3:29	6		59	3:01
Finish	-	2:20:54	-	37	46:33	76	47:49	70.00	4:23:23	-	44	2:05:58	88	2:44:22