



Langenberg-Marathon

Bruchhausen / 05.10.2013

Detailed evaluation

Kettler, Joachim

Club: RSV Werl

Number: 2111

Course: 70.00 km

Mitteldistanz

Category:

Senioren III

Total time: 4:24:09

Speed: 15.90 km/h

Running performance: 3:46 min/km

Rank in course/Total: 62 (of 144)

Rank in course/Men: 60 (of 135)

Best time in course: 3:05:22

Rank in category: 8(of 19)

Best time in the category: 3:19:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	35.00	2:11:51	3:46	9	32:35	68	40:50	35.00	2:11:51	3:46	8	32:35	61	12:23
Finish	-	2:12:18	-	7	31:49	59	39:13	70.00	4:24:09	-	12	2:07:17	90	2:45:08