



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Möllmann, Frank

Club: Rhede
Number: 2151

Course: 70.00 km
Mitteldistanz

Category:
Senioren II

Total time: 4:30:31

Speed: 15.53 km/h
Running performance: 3:52 min/km

Rank in course/Total: 66 (of 144)

Rank in course/Men: 64 (of 135)

Best time in course: 3:05:22

Rank in category: 33(of 66)

Best time in the category: 3:05:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	2:05:39	3:35	30	34:38	58	34:38	35.00	2:05:39	3:35	8		65	6:11
Finish	-	2:24:52	-	45	50:31	90	51:47	70.00	4:30:31	-	46	2:13:06	94	2:51:30