



Langenberg-Marathon  
Bruchhausen / 05.10.2013

Detailed evaluation

de Haas, Wilbert

Club: Hazerswoude  
Number: 2074

Course: 70.00 km  
Mitteldistanz

Category:  
Senioren I

Total time: 4:31:31

Speed: 15.47 km/h  
Running performance: 3:53 min/km

Rank in course/Total: 68 (of 144)

Rank in course/Men: 66 (of 135)

Best time in course: 3:05:22

Rank in category: 15(of 37)

Best time in the category: 3:26:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	2:00:52	3:27	10	21:32	46	29:51	35.00	2:00:52	3:27	9		67	1:24
Finish	-	2:30:39	-	28	51:38	102	57:34	70.00	4:31:31	-	28	2:52:30	96	2:52:30