



Langenberg-Marathon  
Bruchhausen / 05.10.2013

Detailed evaluation

Wiemann, Ralf

Club: Feuerwache Hemer  
Number: 2226

Course: 70.00 km  
Mitteldistanz

Category:  
Senioren II

Total time: 4:33:17

Speed: 15.37 km/h  
Running performance: 3:54 min/km

Rank in course/Total: 70 (of 144)

Rank in course/Men: 68 (of 135)

Best time in course: 3:05:22

Rank in category: 35(of 66)

Best time in the category: 3:05:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	2:11:43	3:45	34	40:42	67	40:42	35.00	2:11:43	3:45	10		69	12:15
Finish	-	2:21:34	-	39	47:13	78	48:29	70.00	4:33:17	-	48	2:15:52	98	2:54:16