



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Schwedtmann, Stephan

Club: RV Edelweiss Mettmann
Number: 2188

Course: 70.00 km
Mitteldistanz

Category:
Senioren II

Total time: 4:36:47

Speed: 15.17 km/h
Running performance: 3:57 min/km

Rank in course/Total: 76 (of 144)

Rank in course/Men: 74 (of 135)

Best time in course: 3:05:22

Rank in category: 37(of 66)

Best time in the category: 3:05:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	2:15:44	3:52	38	44:43	77	44:43	35.00	2:15:44	3:52	12		75	16:16
Finish	-	2:21:03	-	38	46:42	77	47:58	70.00	4:36:47	-	50	2:19:22	104	2:57:46