



Langenberg-Marathon  
Bruchhausen / 05.10.2013

Detailed evaluation

**Bos, Henk**

Club: WV Otto Ebbens  
Number: 3082

Course: 105.00 km  
Langdistanz

Category:  
Herren

Total time: 5:17:43

Speed: 19.83 km/h  
Running performance: 3:02 min/km

Rank in course/Total: 2 (of 41)

Rank in course/Men: 2 (of 39)

Best time in course: 5:03:57

Rank in category: 1(of 8)

Best time in the category: 5:17:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	35.00	1:36:21	2:45	1	-	1	-	35.00	1:36:21	2:45	2	-	27	-
Rundenkontrolle	35.00	1:37:55	2:47	3	1:32:03	4	1:36:32	70.00	3:14:16	2:46	2	-	21	-
Finish	35.00	2:03:27	3:31	4	7:34	12	17:10	105.00	5:17:43	3:01	1	-	11	2:59:03