



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Hein, Torsten

Club: Altena
Number: 2240

Course: 70.00 km
Mitteldistanz

Category:
Senioren II

Total time: 4:41:20

Speed: 14.93 km/h
Running performance: 4:01 min/km

Rank in course/Total: 78 (of 144)

Rank in course/Men: 76 (of 135)

Best time in course: 3:05:22

Rank in category: 39(of 66)

Best time in the category: 3:05:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	2:17:36	3:55	39	46:35	79	46:35	35.00	2:17:36	3:55	1	-	77	18:08
Finish	-	2:23:44	-	43	49:23	84	50:39	70.00	4:41:20	-	52	2:23:55	106	3:02:19