



Langenberg-Marathon  
Bruchhausen / 05.10.2013

Detailed evaluation

Lünswilken, Stephan

Club: Radteam Werlte  
Number: 2133

Course: 70.00 km  
Mitteldistanz

Category:  
Senioren II

Total time: 4:41:30

Speed: 14.92 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 81 (of 144)

Rank in course/Men: 79 (of 135)

Best time in course: 3:05:22

Rank in category: 41(of 66)

Best time in the category: 3:05:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	35.00	2:11:55	3:46	35	40:54	69	40:54	35.00	2:11:55	3:46	16		79	12:27
Finish	-	2:29:35	-	51	55:14	100	56:30	70.00	4:41:30	-	54	2:24:05	109	3:02:29