



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

König, Martin

Club: TV-Friesen Telgte
Number: 3079

Course: 105.00 km
Langdistanz

Category:
Senioren II

Total time: 5:24:43

Speed: 19.40 km/h
Running performance: 3:05 min/km

Rank in course/Total: 5 (of 41)

Rank in course/Men: 5 (of 39)

Best time in course: 5:03:57

Rank in category: 3(of 17)

Best time in the category: 5:03:57

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	1:43:10	2:56	4	6:05	6	6:49	35.00	1:43:10	2:56	9			11
Rundenkontrolle	35.00	1:43:29	2:57	4	1:42:06	7	1:42:06	70.00	3:26:39	2:57	4	50:45		18
Finish	35.00	1:58:04	3:22	4	11:47	8	11:47	105.00	5:24:43	3:05	6	59:48	14	3:06:03