



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Brambring, Dirk

Club: liquid life Heroes
Number: 3022

Course: 105.00 km
Langdistanz

Category:
Herren

Total time: 5:30:00

Speed: 19.09 km/h
Running performance: 3:08 min/km

Rank in course/Total: 8 (of 41)

Rank in course/Men: 8 (of 39)

Best time in course: 5:03:57

Rank in category: 3(of 8)

Best time in the category: 5:17:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	35.00	1:43:08	2:56	2	6:47	5	6:47	35.00	1:43:08	2:56	4		12	
Rundenkontrolle	35.00	1:50:59	3:10	4	1:45:07	12	1:49:36	70.00	3:34:07	3:03	4	7:38	15	
Finish	35.00	1:55:53	3:18	1	-	3	9:36	105.00	5:30:00	3:08	3	12:17	19	3:11:20