



Langenberg-Marathon  
Bruchhausen / 05.10.2013

### Detailed evaluation

Gehring, Jörn

Club: WVC Kassel  
Number: 2089

Course: 70.00 km  
Mitteldistanz

Category:  
Senioren II

Total time: 4:51:09

Speed: 14.43 km/h  
Running performance: 4:10 min/km

Rank in course/Total: 88 (of 144)

Rank in course/Men: 84 (of 135)

Best time in course: 3:05:22

Rank in category: 44(of 66)

Best time in the category: 3:05:22

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	2:23:15	4:05	44	52:14	86	52:14	35.00	2:23:15	4:05	19	5:39	86	23:47
Finish	-	2:27:54	-	49	53:33	97	54:49	70.00	4:51:09	-	57	2:33:44	114	3:12:08