



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Grobe, Michael

Club: Mülheim an der Ruhr
Number: 3035

Course: 105.00 km
Langdistanz

Category:
Senioren III

Total time: 5:42:15

Speed: 18.41 km/h
Running performance: 3:16 min/km

Rank in course/Total: 12 (of 41)

Rank in course/Men: 12 (of 39)

Best time in course: 5:03:57

Rank in category: 1(of 7)

Best time in the category: 5:42:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Rundenkontrolle	35.00	1:46:39	3:02	1	-	12	10:18	35.00	1:46:39	3:02	3			8	
Rundenkontrolle	35.00	1:51:26	3:11	1	-	14	1:50:03	70.00	3:38:05	3:06	1	-	11	0:02	
Finish	35.00	2:04:10	3:32	1	-	13	17:53	105.00	5:42:15	3:15	3	37:04	23	3:23:35	