



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Sudhoff, Monika

Total time: 5:03:59

Club: Team Langenberg Marathon / RSV Werl-Wickede
Number: 2038

Speed: 13.82 km/h

Running performance: 4:20 min/km

Course: 70.00 km
Mitteldistanz (Lizenz)

Rank in course/Total: 29 (of 34)

Rank in course/Women: 5 (of 6)

Best time in course: 3:30:08

Category:

Rank in category: 5(of 6)

Lizenzfahrerinnen

Best time in the category: 3:30:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Women	Behind Women	
								km	Time	min/km	Pos	Behind	Pos					Behind
Rundenkontrolle	35.00	2:25:26	4:09	5	41:15	5	41:15	35.00	2:25:26	4:09	5	41:15	5	41:15				
Finish	35.00	2:38:33	4:31	5	52:36	5	52:36	70.00	5:03:59	4:20	5	1:33:51	5	1:33:51				