



Langenberg-Marathon  
Bruchhausen / 05.10.2013

Detailed evaluation

de Vries, Lex

Club: MBC Bar End  
Number: 3002

Course: 105.00 km  
Langdistanz (Lizenz)

Category:  
Lizenzfahrer

Total time: 5:56:39

Speed: 17.66 km/h  
Running performance: 3:24 min/km

Rank in course/Total: 8 (of 9)

Rank in course/Men: 8 (of 9)

Best time in course: 4:34:33

Rank in category: 8(of 9)

Best time in the category: 4:34:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	35.00	1:49:45	3:08	8	18:42	8	18:42	35.00	1:49:45	3:08	8	18:41	8	18:41
Rundenkontrolle	35.00	1:57:24	3:21	7	26:10	7	26:10	70.00	3:47:09	3:14	5	44:28	5	44:28
Finish	35.00	2:09:30	3:42	8	37:15	8	37:15	105.00	5:56:39	3:23	8	1:22:06	8	1:22:06