



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Lieske, Magnus

Club: GIOS Test Team
Number: 2129

Course: 70.00 km
Mitteldistanz

Category:
Senioren I

Total time: 5:27:19

Speed: 12.83 km/h
Running performance: 4:41 min/km

Rank in course/Total: 100 (of 144)

Rank in course/Men: 94 (of 135)

Best time in course: 3:05:22

Rank in category: 22(of 37)

Best time in the category: 3:26:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	2:35:28	4:26	23	56:08	95	1:04:27	35.00	2:35:28	4:26	2	30:46	95	36:00
Finish	-	2:51:51	-	33	1:12:50	122	1:18:46	70.00	5:27:19	-	35	3:48:18	124	3:48:18