



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Oosting, Bauke

Club: Team Epic
Number: 2156

Course: 70.00 km
Mitteldistanz

Category:
Senioren III

Total time: 5:31:53

Speed: 12.66 km/h
Running performance: 4:44 min/km

Rank in course/Total: 102 (of 144)

Rank in course/Men: 96 (of 135)

Best time in course: 3:05:22

Rank in category: 13(of 19)

Best time in the category: 3:19:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	2:39:53	4:34	14	1:00:37	97	1:08:52	35.00	2:39:53	4:34	13	1:00:37	97	40:25
Finish	-	2:52:00	-	17	1:11:31	123	1:18:55	70.00	5:31:53	-	17	3:15:01	126	3:52:52