



Langenberg-Marathon  
Bruchhausen / 05.10.2013

Detailed evaluation

Stenzel, Michael

Club: RSV Werl-Wickede  
Number: 3011

Course: 105.00 km  
Langdistanz (Lizenz)

Category:  
Lizenzfahrer

Total time: 6:23:18

Speed: 16.44 km/h  
Running performance: 3:39 min/km

Rank in course/Total: 9 (of 9)

Rank in course/Men: 9 (of 9)

Best time in course: 4:34:33

Rank in category: 9(of 9)

Best time in the category: 4:34:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	35.00	2:06:16	3:36	9	35:13	9	35:13	35.00	2:06:16	3:36	9	35:12	9	35:12
Rundenkontrolle	35.00	2:06:24	3:36	9	35:10	9	35:10	70.00	4:12:40	3:36	6	1:09:59	6	1:09:59
Finish	35.00	2:10:38	3:43	9	38:23	9	38:23	105.00	6:23:18	3:39	9	1:48:45	9	1:48:45