



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Wittchen, Volkhard

Club: Marathon Steinfurt
Number: 3072

Course: 105.00 km
Langdistanz

Category:
Senioren II

Total time: 6:29:14

Speed: 16.19 km/h
Running performance: 3:43 min/km

Rank in course/Total: 19 (of 41)

Rank in course/Men: 19 (of 39)

Best time in course: 5:03:57

Rank in category: 9(of 17)

Best time in the category: 5:03:57

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Rundenkontrolle	35.00	2:00:43	3:26	8	23:38	18	24:22	35.00	2:00:43	3:26	2		3	
Rundenkontrolle	35.00	2:08:24	3:40	10	2:07:01	21	2:07:01	70.00	4:09:07	3:33	11	1:33:13	24	31:04
Finish	35.00	2:20:07	4:00	9	33:50	21	33:50	105.00	6:29:14	3:42	14	2:04:19	30	4:10:34