



Langenberg-Marathon
Bruchhausen / 05.10.2013

Detailed evaluation

Spieker, Norbert

Club: Fitness-Center-Spieker
Number: 239

Course: 35.00 km
Fun Marathon

Category:
Senioren III

Total time: 1:49:27

Speed: 19.19 km/h
Running performance: 3:08 min/km

Rank in course/Total: 32 (of 247)

Rank in course/Men: 32 (of 216)

Best time in course: 1:35:25

Rank in category: 3(of 35)

Best time in the category: 1:47:30