



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

bergholz, jens

Club: bsg pneumant fw
Number: 423

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:41:00

Speed: 12.48 km/h
Running performance: 4:47 min/km

Rank in course/Total: 21 (of 146)

Rank in course/Men: 21 (of 116)

Best time in course: 1:26:13

Rank in category: 1(of 17)

Best time in the category: 1:41:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	50:24	4:16	2	0:12	19	7:26	11.80	50:24	4:16	10		21	7:26
Last lap Finish	9.30	50:36	5:26	2	0:11	22	7:21	21.10	1:41:00	4:47	1	-	21	14:47