



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Jahnkow, René

Club: Berlin
Number: 112

Course: 10.55 km
Viertelmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 52:02

Speed: 11.53 km/h
Running performance: 4:56 min/km

Rank in course/Total: 11 (of 72)

Rank in course/Men: 9 (of 41)

Best time in course: 40:54

Rank in category: 1(of 7)

Best time in the category: 52:02