



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Kusnick, Jörg

Club: Frankfurt (Oder)
Number: 399

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:45:51

Speed: 11.90 km/h
Running performance: 5:01 min/km

Rank in course/Total: 31 (of 146)

Rank in course/Men: 29 (of 116)

Best time in course: 1:26:13

Rank in category: 4(of 17)

Best time in the category: 1:41:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	54:15	4:35	6	4:03	38	11:17	11.80	54:15	4:35	15		29	11:17
Last lap Finish	9.30	51:36	5:32	3	1:11	25	8:21	21.10	1:45:51	5:00	4	4:51	29	19:38