



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Lück, Jens

Club: Kommunales Kino Cottbus e.V.
Number: 416

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:46:43

Speed: 11.81 km/h
Running performance: 5:04 min/km

Rank in course/Total: 36 (of 146)

Rank in course/Men: 34 (of 116)

Best time in course: 1:26:13

Rank in category: 12(of 27)

Best time in the category: 1:26:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	54:29	4:37	13	11:31	41	11:31	11.80	54:29	4:37	18		31	11:31
Last lap Finish	9.30	52:14	5:36	12	8:59	31	8:59	21.10	1:46:43	5:03	12	20:30	34	20:30