



7. Schlaubetal-Marathon  
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Kanig, Jörg

Club: Dorfclub Grano  
Number: 366

Course: 21.10 km  
Eisenhüttenstädter Cross-Halbmarathon

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:46:49

Speed: 11.80 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 37 (of 146)

Rank in course/Men: 35 (of 116)

Best time in course: 1:26:13

Rank in category: 13(of 27)

Best time in the category: 1:26:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	54:13	4:35	12	11:15	37	11:15	11.80	54:13	4:35	16		35	11:15
Last lap Finish	9.30	52:36	5:39	14	9:21	34	9:21	21.10	1:46:49	5:03	13	20:36	35	20:36