



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Buchholz, Jörg

Club: EBV 1971 e.V.
Number: 422

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:48:02

Speed: 11.66 km/h
Running performance: 5:07 min/km

Rank in course/Total: 42 (of 146)

Rank in course/Men: 40 (of 116)

Best time in course: 1:26:13

Rank in category: 6(of 17)

Best time in the category: 1:41:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.80	52:56	4:29	4	2:44	31	9:58	11.80	52:56	4:29	13		40	9:58
Last lap Finish	9.30	55:06	5:55	7	4:41	52	11:51	21.10	1:48:02	5:07	6	7:02	40	21:49