



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Löwa, Gerd

Club: Kommunales Kino Cottbus e.V.
Number: 415

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:48:47

Speed: 11.58 km/h
Running performance: 5:10 min/km

Rank in course/Total: 45 (of 146)

Rank in course/Men: 43 (of 116)

Best time in course: 1:26:13

Rank in category: 7(of 17)

Best time in the category: 1:41:00

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 11.80 | 54:31 | 4:37 | 7 | 4:19 | 43 | 11:33 | 11.80 | 54:31 | 4:37 | 12 | | 38 | 11:33 |
| Last lap Finish | 9.30 | 54:16 | 5:50 | 5 | 3:51 | 45 | 11:01 | 21.10 | 1:48:47 | 5:09 | 7 | 7:47 | 43 | 22:34 |