



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Gardt, Olaf

Club: Beeskow
Number: 452

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:49:18

Speed: 11.53 km/h
Running performance: 5:11 min/km

Rank in course/Total: 47 (of 146)

Rank in course/Men: 45 (of 116)

Best time in course: 1:26:13

Rank in category: 7(of 22)

Best time in the category: 1:30:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	55:12	4:40	10	9:53	54	12:14	11.80	55:12	4:40	17		45	12:14
Last lap Finish	9.30	54:06	5:49	7	9:21	43	10:51	21.10	1:49:18	5:10	7	19:14	45	23:05