



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Trautmann, Matthias

Club: Eisenhüttenstadt
Number: 356

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:51:01

Speed: 11.40 km/h
Running performance: 5:16 min/km

Rank in course/Total: 57 (of 146)

Rank in course/Men: 54 (of 116)

Best time in course: 1:26:13

Rank in category: 8(of 17)

Best time in the category: 1:41:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	56:32	4:47	10	6:20	65	13:34	11.80	56:32	4:47	11	0:24	54	13:34
Last lap Finish	9.30	54:29	5:51	6	4:04	48	11:14	21.10	1:51:01	5:15	8	10:01	54	24:48