



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Zeißig, Peter

Club: LC Heckmann
Number: 390

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:51:15

Speed: 11.38 km/h
Running performance: 5:16 min/km

Rank in course/Total: 58 (of 146)

Rank in course/Men: 55 (of 116)

Best time in course: 1:26:13

Rank in category: 9(of 22)

Best time in the category: 1:30:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	55:31	4:42	12	10:12	58	12:33	11.80	55:31	4:42	15		55	12:33
Last lap Finish	9.30	55:44	5:59	11	10:59	58	12:29	21.10	1:51:15	5:16	9	21:11	55	25:02