



7. Schlaubetal-Marathon

Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Dorst, Gerd

Club: Eisenhuettenstadt
Number: 417

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:53:59

Speed: 11.05 km/h
Running performance: 5:24 min/km

Rank in course/Total: 70 (of 146)

Rank in course/Men: 66 (of 116)

Best time in course: 1:26:13

Rank in category: 12(of 22)

Best time in the category: 1:30:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	59:33	5:02	18	14:14	81	16:35	11.80	59:33	5:02	1	-	65	16:35
Last lap Finish	9.30	54:26	5:51	8	9:41	47	11:11	21.10	1:53:59	5:24	12	23:55	66	27:46