



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Jakubziek, Egbert

Club: Ron Hill Berlin
Number: 456

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:59:39

Speed: 10.53 km/h
Running performance: 5:40 min/km

Rank in course/Total: 93 (of 146)

Rank in course/Men: 85 (of 116)

Best time in course: 1:26:13

Rank in category: 5(of 9)

Best time in the category: 1:50:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	59:15	5:01	4	4:35	78	16:17	11.80	59:15	5:01	5	4:35	84	16:17
Last lap Finish	9.30	1:00:24	6:29	5	5:04	82	17:09	21.10	1:59:39	5:40	5	9:39	85	33:26