



7. Schlaubetal-Marathon

Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Seifert, Christian

Club: Eisenhüttenstadt
Number: 312

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:02:44

Speed: 10.27 km/h
Running performance: 5:49 min/km

Rank in course/Total: 98 (of 146)

Rank in course/Men: 88 (of 116)

Best time in course: 1:26:13

Rank in category: 8(of 9)

Best time in the category: 1:26:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	1:01:23	5:12	8	17:58	91	18:25	11.80	1:01:23	5:12	8	17:58	88	18:25
Last lap Finish	9.30	1:01:21	6:35	8	17:55	88	18:06	21.10	2:02:44	5:49	8	35:53	88	36:31