



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Werchosch, Kathrin

Club: Cottbus
Number: 367

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:04:38

Speed: 10.16 km/h
Running performance: 5:55 min/km

Rank in course/Total: 103 (of 146)

Rank in course/Women: 12 (of 30)

Best time in course: 1:44:28

Rank in category: 3(of 7)

Best time in the category: 1:50:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Lap 1	11.80	1:01:21	5:11	2	5:25	11	9:24	11.80	1:01:21	5:11	3	5:25	20		
Last lap Finish	9.30	1:03:17	6:48	3	8:23	14	11:41	21.10	2:04:38	5:54	3	13:48	12	20:10	