



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Freninez, Antje

Club: Team Schnauzer Brandenburg
Number: 337

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:06:16

Speed: 9.98 km/h
Running performance: 5:59 min/km

Rank in course/Total: 107 (of 146)

Rank in course/Women: 14 (of 30)

Best time in course: 1:44:28

Rank in category: 3(of 3)

Best time in the category: 1:45:23

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Women			Women	km	
Lap 1	11.80	1:03:33	5:23	3	9:46	17	11:36	11.80	1:03:33	5:23	3	9:46	18	
Last lap Finish	9.30	1:02:43	6:44	3	11:07	12	11:07	21.10	2:06:16	5:59	3	20:53	14	21:48