



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Herzog, Manuela

Club: SG Willmersdorf
Number: 348

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:15:56

Speed: 9.31 km/h
Running performance: 6:26 min/km

Rank in course/Total: 123 (of 146)

Rank in course/Women: 22 (of 30)

Best time in course: 1:44:28

Rank in category: 3(of 4)

Best time in the category: 1:56:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.80	1:07:04	5:41	3	9:56	22	15:07	11.80	1:07:04	5:41	3	9:56	10	1:26
Last lap Finish	9.30	1:08:52	7:24	3	9:03	20	17:16	21.10	2:15:56	6:26	3	18:59	22	31:28