



7. Schlaubetal-Marathon  
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Glasneck, Manfred

Club: MSV TRIPOINT Frankfurt (Oder)  
Number: 162

Course: 10.55 km  
Viertelmarathon

Category:  
Senioren M70 (70-74 Jahre)

Total time: 55:56

Speed: 10.73 km/h  
Running performance: 5:18 min/km

Rank in course/Total: 22 (of 72)

Rank in course/Men: 17 (of 41)

Best time in course: 40:54

Rank in category: 1(of 2)

Best time in the category: 55:56