



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Heidenreich, Frank

Club: Neuzelle
Number: 333

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:22:33

Speed: 8.84 km/h
Running performance: 6:46 min/km

Rank in course/Total: 131 (of 146)

Rank in course/Men: 107 (of 116)

Best time in course: 1:26:13

Rank in category: 16(of 17)

Best time in the category: 1:41:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	1:07:45	5:44	15	17:33	105	24:47	11.80	1:07:45	5:44	4	11:37	106	24:47
Last lap Finish	9.30	1:14:48	8:02	16	24:23	112	31:33	21.10	2:22:33	6:45	16	41:33	107	56:20