



7. Schlaubetal-Marathon  
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Heidenreich, Frank

Club: Neuzelle  
Number: 333

Course: 21.10 km  
Eisenhüttenstädter Cross-Halbmarathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:22:33

Speed: 8.88 km/h  
Running performance: 6:46 min/km

Rank in course/Total: 131 (of 146)

Rank in course/Men: 107 (of 116)

Best time in course: 1:26:13

Rank in category: 16(of 17)

Best time in the category: 1:41:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.80	1:07:45	5:44	15	17:33	105	24:47	11.80	1:07:45	5:44	4	11:37	106	24:47
Last lap Finish	9.30	1:14:48	8:02	16	24:23	112	31:33	21.10	2:22:33	6:45	16	41:33	107	56:20