



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Taube, Rainer

Club: Berlin
Number: 314

Course: 21.10 km
Eisenhüttenstädter Cross-Halbmarathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:31:36

Speed: 8.31 km/h
Running performance: 7:11 min/km

Rank in course/Total: 143 (of 146)

Rank in course/Men: 115 (of 116)

Best time in course: 1:26:13

Rank in category: 17(of 17)

Best time in the category: 1:41:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.80	1:10:10	5:56	16	19:58	107	27:12	11.80	1:10:10	5:56	2	14:02	115	27:12
Last lap Finish	9.30	1:21:26	8:45	17	31:01	115	38:11	21.10	2:31:36	7:11	17	50:36	115	1:05:23