



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Sernau, Annegret

Club: SV Chemie Guben
Number: 1301

Course: 21.10 km
Halbmarathon Nordic-Walking

Category:
Nordic Walking Frauen

Total time: 2:54:55

Speed: 7.20 km/h
Running performance: 8:17 min/km

Rank in course/Total: 3 (of 8)
Rank in course/Women: 2 (of 4)
Best time in course: 2:49:13

Rank in category: 2 (of 4)
Best time in the category: 2:49:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.80	1:26:14	7:18	2	5:19	2	5:19	11.80	1:26:14	7:18	2	5:19	2	5:19
Last lap Finish	9.30	1:28:41	9:32	2	0:23	2	0:23	21.10	2:54:55	8:17	2	5:42	2	5:42