



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

judis, Robert

Club: T-Rex-Team Peitz
Number: 623

Course: 43.00 km
Cross-Marathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:24:07

Speed: 12.64 km/h
Running performance: 4:45 min/km

Rank in course/Total: 9 (of 105)

Rank in course/Men: 9 (of 82)

Best time in course: 2:49:01

Rank in category: 1(of 5)

Best time in the category: 3:24:07

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	49:25	4:15	1	-	7	5:28	11.60	49:25	4:15	2	-	54	
Lap 2	19.00	1:27:30	4:36	1	-	8	13:01	30.60	2:16:55	4:28	1	-	53	
Lap 3	1.70	15:07	8:53	1	-	13	2:55	32.30	2:32:02	4:42	1	-	53	
Last lap Finish	10.70	52:05	4:52	2	0:50	23	13:42	43.00	3:24:07	4:44	1	-	9	35:06