



7. Schlaubetal-Marathon

Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Severon, Burkhard

Club: VfL Brandenburg
Number: 620

Course: 43.00 km
Cross-Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:31:52

Speed: 12.18 km/h
Running performance: 4:56 min/km

Rank in course/Total: 12 (of 105)

Rank in course/Men: 12 (of 82)

Best time in course: 2:49:01

Rank in category: 1(of 6)

Best time in the category: 3:31:52

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	56:02	4:49	1	-	20	12:05	11.60	56:02	4:49	1	-	51	
Lap 2	19.00	1:32:47	4:52	1	-	12	18:18	30.60	2:28:49	4:51	1	-	50	
Lap 3	1.70	14:54	8:45	1	-	10	2:42	32.30	2:43:43	5:04	1	-	50	
Last lap Finish	10.70	48:09	4:30	1	-	11	9:46	43.00	3:31:52	4:55	1	-	12	42:51