



7. Schlaubetal-Marathon  
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

**Muhs, Matthias**

Club: TV Fürstenwalde  
Number: 662

Course: 43.00 km  
Cross-Marathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 3:33:11

Speed: 12.10 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 13 (of 105)

Rank in course/Men: 13 (of 82)

Best time in course: 2:49:01

Rank in category: 3(of 14)

Best time in the category: 3:09:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	58:23	5:01	6	10:29	24	14:26	11.60	58:23	5:01	3	8:56	50	
Lap 2	19.00	1:33:33	4:55	3	10:35	14	19:04	30.60	2:31:56	4:57	3	19:31	49	
Lap 3	1.70	13:57	8:12	2	0:05	8	1:45	32.30	2:45:53	5:08	3	19:36	49	
Last lap Finish	10.70	47:18	4:25	3	3:57	9	8:55	43.00	3:33:11	4:57	3	23:33	13	44:10