



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Juds, Detlef

Club: Team Bella Vista
Number: 614

Course: 43.00 km
Cross-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:37:10

Speed: 11.88 km/h
Running performance: 5:03 min/km

Rank in course/Total: 16 (of 105)

Rank in course/Men: 16 (of 82)

Best time in course: 2:49:01

Rank in category: 4(of 14)

Best time in the category: 3:09:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	54:36	4:42	4	6:42	13	10:39	11.60	54:36	4:42	4	5:09	47	
Lap 2	19.00	1:34:18	4:57	4	11:20	16	19:49	30.60	2:28:54	4:51	4	16:29	46	
Lap 3	1.70	16:17	9:34	5	2:25	28	4:05	32.30	2:45:11	5:06	4	18:54	46	
Last lap Finish	10.70	51:59	4:51	4	8:38	22	13:36	43.00	3:37:10	5:03	4	27:32	16	48:09