



7. Schlaubetal-Marathon  
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Schacht, Torsten

Club: LG Havelblitze  
Number: 720

Course: 43.00 km  
Cross-Marathon

Category:  
Senioren M45 (45-49 Jahre)

Total time: 3:47:12

Speed: 11.36 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 31 (of 105)

Rank in course/Men: 28 (of 82)

Best time in course: 2:49:01

Rank in category: 8(of 22)

Best time in the category: 2:59:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:00:56	5:15	9	16:57	33	16:59	11.60	1:00:56	5:15	16		76	
Lap 2	19.00	1:39:33	5:14	8	21:11	28	25:04	30.60	2:40:29	5:14	16		74	
Lap 3	1.70	15:26	9:04	6	3:08	17	3:14	32.30	2:55:55	5:26	16		74	
Last lap Finish	10.70	51:17	4:47	6	10:58	19	12:54	43.00	3:47:12	5:17	8	47:54	28	58:11