



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Odoy, Björn

Club: Fürstenwalde
Number: 617

Course: 43.00 km
Cross-Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:49:45

Speed: 11.23 km/h
Running performance: 5:20 min/km

Rank in course/Total: 34 (of 105)

Rank in course/Men: 31 (of 82)

Best time in course: 2:49:01

Rank in category: 5(of 13)

Best time in the category: 2:55:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	11.60	1:01:56	5:20	8	16:22	44	17:59	11.60	1:01:56	5:20	5	16:22	63	0:54
Lap 2	19.00	1:40:26	5:17	4	23:27	30	25:57	30.60	2:42:22	5:18	5	39:49	61	
Lap 3	1.70	15:27	9:05	3	2:51	18	3:15	32.30	2:57:49	5:30	4	42:40	61	
Last lap Finish	10.70	51:56	4:51	4	11:16	20	13:33	43.00	3:49:45	5:20	5	53:56	31	1:00:44