



7. Schlaubetal-Marathon  
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

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Club: Triathlonverein Fürstenwalde 1990  
Number: 625

Course: 43.00 km  
Cross-Marathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 3:58:23

Speed: 10.82 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 40 (of 105)

Rank in course/Men: 36 (of 82)

Best time in course: 2:49:01

Rank in category: 6(of 14)

Best time in the category: 3:09:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:03:34	5:28	9	15:40	53	19:37	11.60	1:03:34	5:28	6	14:07	68	2:32
Lap 2	19.00	1:45:05	5:31	7	22:07	39	30:36	30.60	2:48:39	5:30	6	36:14	66	
Lap 3	1.70	16:42	9:49	6	2:50	33	4:30	32.30	3:05:21	5:44	6	39:04	66	
Last lap Finish	10.70	53:02	4:57	5	9:41	31	14:39	43.00	3:58:23	5:32	6	48:45	36	1:09:22