



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Rothe, Carsten

Club: Bad Saarow
Number: 628

Course: 43.00 km
Cross-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:59:22

Speed: 10.78 km/h
Running performance: 5:34 min/km

Rank in course/Total: 42 (of 105)

Rank in course/Men: 38 (of 82)

Best time in course: 2:49:01

Rank in category: 7(of 14)

Best time in the category: 3:09:38

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 11.60 | 1:01:33 | 5:18 | 8 | 13:39 | 41 | 17:36 | 11.60 | 1:01:33 | 5:18 | 7 | 12:06 | 66 | 0:31 |
| Lap 2 | 19.00 | 1:44:07 | 5:28 | 6 | 21:09 | 35 | 29:38 | 30.60 | 2:45:40 | 5:24 | 7 | 33:15 | 64 | |
| Lap 3 | 1.70 | 17:08 | 10:04 | 7 | 3:16 | 38 | 4:56 | 32.30 | 3:02:48 | 5:39 | 7 | 36:31 | 64 | |
| Last lap Finish | 10.70 | 56:34 | 5:17 | 8 | 13:13 | 39 | 18:11 | 43.00 | 3:59:22 | 5:33 | 7 | 49:44 | 38 | 1:10:21 |