



7. Schlaubetal-Marathon
Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Becker, Claudia

Club: BSG Pneumant Fürstenwalde
Number: 682

Course: 43.00 km
Cross-Marathon

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 4:01:44

Speed: 10.67 km/h
Running performance: 5:37 min/km

Rank in course/Total: 46 (of 105)

Rank in course/Women: 7 (of 23)

Best time in course: 3:37:16

Rank in category: 1(of 7)

Best time in the category: 4:01:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	11.60	1:02:33	5:23	3	14:39	10	14:39	11.60	1:02:33	5:23	1	-	18	
Lap 2	19.00	1:45:54	5:34	1	-	8	9:54	30.60	2:48:27	5:30	1	-	18	
Lap 3	1.70	17:12	10:07	1	-	7	2:22	32.30	3:05:39	5:44	1	-	18	
Last lap Finish	10.70	56:05	5:14	1	-	5	7:57	43.00	4:01:44	5:37	1	-	7	24:28