



7. Schlaubetal-Marathon

Eisenhüttenstadt / 19.10.2013

Detailed evaluation

Wenzel, Steffen

Club: Hoyerswerdaer SV 1919
Number: 635

Course: 43.00 km
Cross-Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:08:40

Speed: 10.38 km/h
Running performance: 5:47 min/km

Rank in course/Total: 55 (of 105)

Rank in course/Men: 45 (of 82)

Best time in course: 2:49:01

Rank in category: 8(of 14)

Best time in the category: 3:09:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	11.60	1:06:57	5:46	10	19:03	59	23:00	11.60	1:06:57	5:46	8	17:30	18	5:55
Lap 2	19.00	1:49:43	5:46	8	26:45	47	35:14	30.60	2:56:40	5:46	8	44:15	17	3:53
Lap 3	1.70	17:18	10:10	8	3:26	41	5:06	32.30	3:13:58	6:00	8	47:41	17	2:43
Last lap Finish	10.70	54:42	5:06	7	11:21	36	16:19	43.00	4:08:40	5:46	8	59:02	45	1:19:39